



## Ottery St.Mary School Sports Partnership



Hello Everyone

I hope you have all managed to use the lovely weather to be active or perhaps it's been too hot!! My bike has never had so much use! But my son can still RUN up hills quicker than I can cycle!!



If you have been busy and you know how far you've been then make sure you send your totals into the Devon Summer Virtual School Games!



**Can't meet - still compete!! The Virtual Devon School Games**

**The Home Sportshall Athletics Pentathlon runs from**

**Monday 1st June to Sunday 21<sup>st</sup> June (5pm)**

Watch the video shown in the first link below introducing the event. The second link gives you all you need to know on how to enter.

[#DevonVirtualGames - Sportshall Pentathlon Video](#)

[#DevonVirtualGames - Sportshall-Pentathlon.pdf](#)

Please see below for Devon Virtual Games terms and conditions:

[#DevonVirtualGames-Overview - Terms and Conditions](#)

The Devon Virtual Games first challenge, Walk – Jog – Run is still active and **remains open until 14th June at 5pm** -see below if you've not yet seen the details and entered!

[#DevonVirtualGames -Walk - Jog - Run Video](#)

[#DevonVirtualGames - Walk - Jog - Run pdf](#)

The third Challenge - a Dance competition goes live on Monday 8<sup>th</sup> June

[Dance challenge – Event 3](#)

And Finally....



British Triathlon have also released the Big Colour Challenge to help you track all the activity you are doing in a really creative way. You can download the sheets from their website.

For every 5 mins of activity that gets you a bit out of breath you can colour one small segment of the sheet

For further details visit: <https://www.thebigcolourchallenge.co.uk/>

Stay Active – Stay Safe – Stay Healthy

Mrs Moran



