



SCHOOL CLOSURE- NEWSLETTER 7

01404 812599 Friday 8th May 2020. Website www.west-hill-primary.devon.sch.uk

Dear Parents,

I don't know about you but since we have been in lockdown I find I have no idea what day of the week it is. Every day seems the same unless I go into school.

I hope you all have a great Bank Holiday weekend celebrating the 75th anniversary of VE Day. Who will be joining their neighbours in a nationwide 'stay at home' street party?

Twinkl have some great resources and activities for children to celebrate this special day including union flag bunting, a VE Day Powerpoint, wordsearches, design a VE Day medal etc. Please give yourself and your child(ren) a break from home schooling over the Bank Holiday and enjoy the extended weekend. Make sure they know you love them and are proud of them. Even when things are busy or stressful, and it feels like you are in survival mode, a word or a hug can reassure them a huge amount. Praise them for what they do well, and encourage them to try new things during this time.



Health visiting and school nurse

The Health Visiting & School Nursing service is still open as normal between Mon-Fri 9am - 5pm, in order to continue to be responsive and to offer support to children, young people and their families at this time. Email or phone our Public Health Nursing Hubs, where a Health Visitor or School Nurse will respond:
Hub Tel: 0333 234 1903;
Email: rde-tr.EasternPHNhub@nhs.net

Free weekly online dance lesson with Katie Murray

Please go to our school's unique page on Katie's website where you are able to access the video, your weekly dance task and a personalised message. Have fun.

<https://www.stepupanddance.co.uk/schools/west-hill-primary-school/>

username: westhill

password: westhill99

**STEP UP
& DANCE**

Is your child eligible for Free school meals?

Families in Devon are being urged to check if their children are eligible for free school meals as the coronavirus crisis creates more hardship across the county.

Devon County Council is appealing to hard-pressed families to make sure they do not miss out on free food for their children - even if they are not currently in school. Eligible children who are at home are entitled to food vouchers worth £15 a week, which can be exchanged at most supermarkets.

Families can apply online through the Devon Citizen's Portal and need to supply their child or children's name, date of birth and current school as well as their own name, date of birth and National Insurance number.

https://oneonline.devon.gov.uk/CCSCitizenPortal_LIVE/Account/Login?ReturnUrl=/CCSCitizenPortal_LIVE/



Police request for help

Since the Government restrictions were imposed to stop the spread of Covid-19 (Coronavirus), 'County Lines' drug dealers have changed the way they operate. County Lines is a term to describe urban gangs supplying drugs to other parts of the UK via dedicated mobile phone lines. The gangs are likely to exploit children or vulnerable adults to move and store drugs and will often use coercion.

This week, Devon & Cornwall Police have launched a campaign asking members of the public to help spot the signs of 'County Lines' and report any suspicious activity taking place in their community.

<https://www.devon-cornwall.police.uk/News/NewsArticle.aspx?id=38b6590e-a772-4c73-ba72-79db5db977f4>



I TRIED TO TEACH MY CHILD WITH BOOKS,
HE GAVE ME ONLY PUZZLED LOOKS.
I TRIED TO TEACH MY CHILD WITH WORDS,
THEY PASSED BY HIM OFTEN UNHEARD.
DESPAIRINGLY, I TURNED ASIDE,
'HOW SHALL I TEACH THIS CHILD,' I CRIED?
INTO MY HAND HE PUT THE KEY,
'COME,' HE SAID, 'PLAY WITH ME.'
- ANONYMOUS

Free book to support pupils with school shutdown

A few weeks ago, this story was written by a primary teacher to help pupils in his class deal with school shutdown. It's now been read thousands of times around the world and is free to download.

Parsley Miblewood is a home-schooled kid who sees herself as something of an expert on "How to NOT go to School". The story follows her daily whimsical adventures along with her 11 animals and 7 imaginary friends. Each chapter explores an issue that might be weighing on children's minds at the moment such as missing friends, dealing with emotions and feeling cooped up.

www.parsleymiblewood.wordpress.com



Free daily yoga sessions

Avanti's daily yoga sessions launched last week and the response has been hugely encouraging. We would like to be able to support schools and communities outside of our own and make colleagues in other MATs, schools, LAs and government departments aware of the sessions.

We are hosting free online yoga classes, Monday-Saturday, 10am-10:30am on YouTube, open to all! The classes are designed for people of all abilities and are live and recorded so can be accessed any time. We want to share this offering with everyone, so please feel free to offer this to your colleagues, family and friends.

To join the classes simply subscribe to Avanti Schools Trust YouTube page:

<https://www.youtube.com/channel/UCIKgipHTGr75vUPjsVQsj9g>

Each day we are posting the pose of the day and its health benefits on our Instagram page, click here to see those!

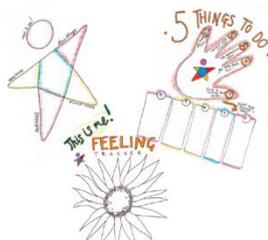
<https://www.instagram.com/avantischoolstrust/>



Fun things to do while staying at home

RCPCH (Royal College for paediatric and Child health) have made fun things to do while you are staying home - a health diary to write or draw your questions or feelings between appointments, and an activity pack so you can help the NHS (plus get a certificate!)

<https://www.rcpch.ac.uk/resources/stay-home-activities-children-young-people>



Keeping active during lockdown

- Please see attached this week's suggested schedule with **ideas for activity at home**.
- There are lots of ideas and current issues shared via the **East Devon School Games Twitter Account@EDSchoolGa1** <https://twitter.com/EDevonSchoolGa1> Please follow us and retweet and promote the activities to your children and families.
- Further ideas and activity challenges can also be found via **The East Devon School Games Public Portal** which can be viewed at: <https://www.yourschoolgames.com/sgo/south-east-devon/>
- **The Virtual Devon School Games** is coming soon! - Our county wide Devon Summer School Games with a twist will be launched on Monday 18th May with plenty of competition and personal challenge for our children and schools. Keep an eye on twitter and email for the all the details.

| Activity | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|--------------------|---------|-----------|--------------------|--------------------|
| Activity 1 (10-11) | Physical Education | Reading | Maths | Science | History |
| Activity 2 (11-12) | Reading | Maths | Science | History | Physical Education |
| Activity 3 (12-13) | Maths | Science | History | Physical Education | Reading |
| Activity 4 (13-14) | Reading | Maths | Science | History | Physical Education |
| Activity 5 (14-15) | Maths | Science | History | Physical Education | Reading |
| Activity 6 (15-16) | Reading | Maths | Science | History | Physical Education |
| Activity 7 (16-17) | Maths | Science | History | Physical Education | Reading |
| Activity 8 (17-18) | Reading | Maths | Science | History | Physical Education |

Greener Devon Art competition

Devon Youth parliament is part of a national network of elected young people age 12-18 who are campaigning on issues that matter to our age group. This year, the national campaign is 'Protect Our Future' and as a group of Devon young people, we recognise how important this is for young people in this area but also across the world.

To kick start our Devon campaign, 'Greener Devon', we have set up an environmental competition for ages 0-18 (see attached) and we would love for your students to get involved. We would like them to design a logo and/or poster about the environment for our campaign, Greener Devon.

The logo must be circular so we can use it on social media.

On the poster we would love to see ideas about how to help the environment and be eco-friendly. There are 4 age categories, 0-6, 7-11, 12-15 and 16-18.

To submit entries, either email to greenerdevon@gmail.com or use the hashtag #greenerdevoncomp on Instagram, Facebook or Twitter. Please include a name and age.



Free Julia Donaldson and Axel Scheffler Home Learning Packs

Is your child a fan of Julia Donaldson and Axel Scheffler's wonderful picture books? Now you can download a range of home learning activity packs to complete as you read the books!

<https://resource-bank.scholastic.co.uk/content/40114>

One review says:

My Reception and year 1 boys have been really struggling with getting in to school at home. We downloaded the Julia Donaldson activities after seeing them on a Facebook recommendation. Game changer! Hours of fun and learning with my 4 year old racing through to write all the words, where he's usually avoiding anything that looked like it might be school work. Fabulous resource!



3-5 Years Home Learning Pack
Changing Seasons

- Objectives**
- To be able to explain differences between seasons and why that humans and animals adapt to different environmental conditions.
 - To understand the way of stick man's support (management of resources).
 - To explore the properties of different materials.
- Resources**
- Book: *Stick Man* by Julia Donaldson and Axel Scheffler
 - A range of materials to make a stick family, such as:
 - Holly sticks, wooden pegs, pipe cleaners
 - Toilet roll tubes, googly eyes, scraps of different fabrics, wool
 - Ties and ribbon and paper
 - Natural materials such as different leaves, pine cones, twigs, etc.
 - Resource sheet: *Stick Man* (see below)
- Resource Box