



Bookings now open for Yoga Club for after half term!

Yoga club is growing from strength to strength. Children are loving the sessions and feedback from both parents and children is very positive. Benefits of yoga include increasing focus, fitness, flexibility and coordination. Sessions are also always FUN!

Classes run between 3.30 and 4.30pm in Beech Room in the village hall every Tuesday during term time and are for KS2. An hour's session is from just £5.50 and I can collect children directly from school at the end of the day. To book a place please contact me at hello@flourish-yoga.co.uk.

I look forward to hearing from you!

My name is Claire Gunningham. I have lived in Ottery St Mary for over twenty years and as well as being a Primary school teacher (I taught at West Hill when I first qualified!) I have trained in children's yoga at YogaBeez in London. I am DBS checked and hold Public Liability Insurance, a current First Aid Certificate and I am trained in Safeguarding.

