



LOCKDOWN 3- NEWSLETTER 2

01404 812599 Friday 15th January 2021. Website www.west-hill-primary.devon.sch.uk

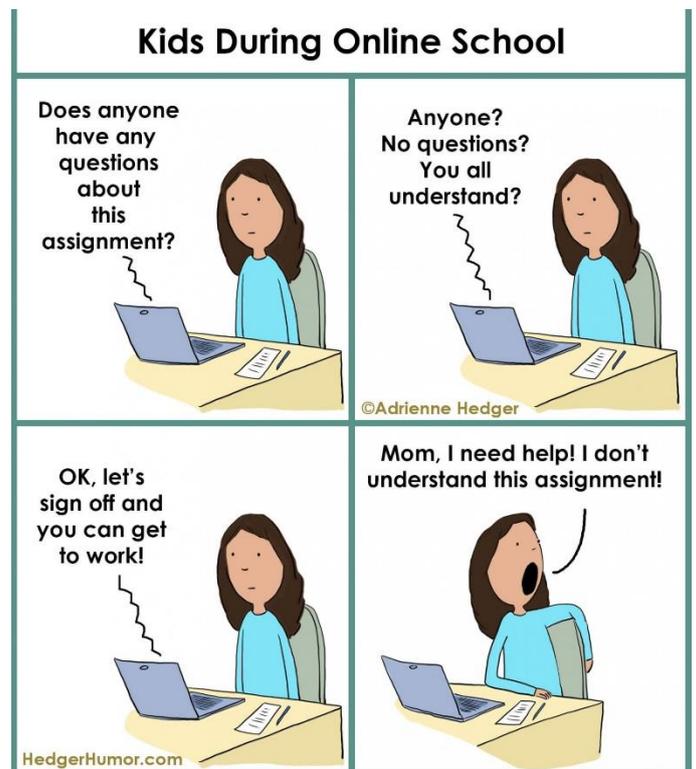
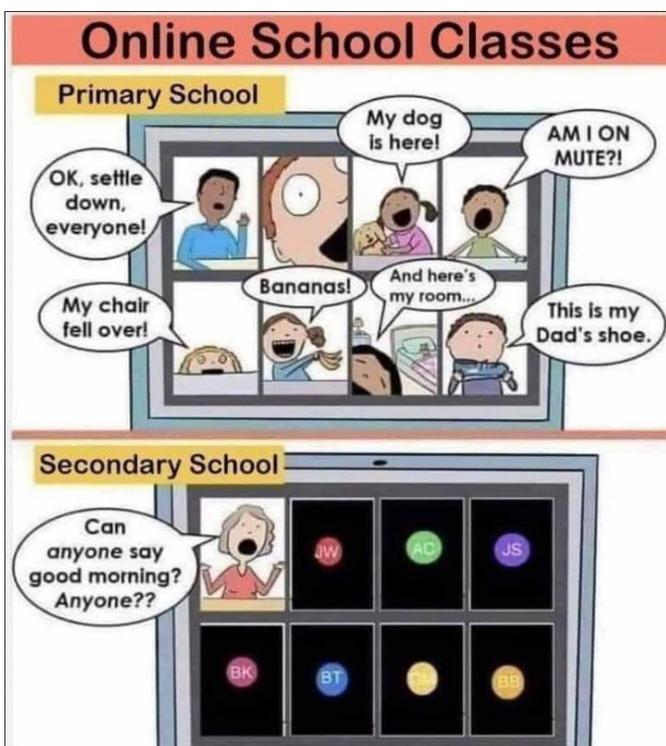
Dear Parents,

Last week I shared the DFE expectations for remote learning. Some parents have enquired about live lessons. On 11th January the DFE published a document called ['What's working well in remote education'](#) which states:

'Some think that a live lesson is the 'gold standard' of remote education. This isn't necessarily the case. There are some specific difficulties in doing live lessons. It can be hard to build in interaction and flexibility. This means that giving feedback can actually be less effective than when we use recorded lesson segments followed by interactive chats, or tasks and feedback. Using recorded lessons produced externally can allow you to easily draw on high-quality lessons taught by expert subject teachers. Because evidence suggests that concentration online is shorter than the length of a typical lesson, filming a classroom lesson may be ineffective.'

Please remember the DFE expectations states:

*'provide teaching that is equivalent in length to the core teaching pupils would receive in school. This will include both **recorded or live direct teaching time** and time for pupils to complete tasks and assignments independently. **Online video lessons do not necessarily need to be recorded by teaching staff at the school:** Oak National Academy lessons, for example, can be provided in lieu of school led video content.'*



Collecting items from school

The remote learning letter on 4th January stated 'We are obviously able to provide printed resources, such as textbooks and workbooks, for any pupils who do not have suitable online access- please just let us know.' This is so that any pupils who do not have online access at home can still complete their work using paper/printed copies.

Other than pupils without online access, we are unable to send any items home for the following reasons:

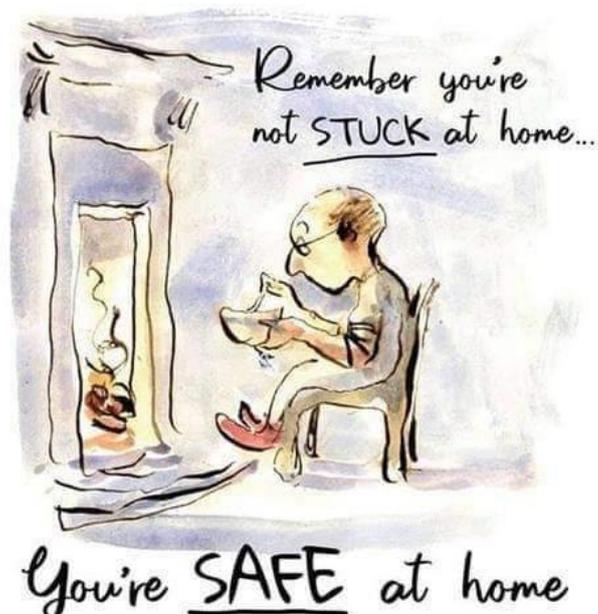
1. We are in a lockdown situation so should not be allowing parents to come to school when the advice is to stay at home.
2. All work is uploaded onto Google Classroom/Tapestry including photos of pages from textbooks. You can always zoom into these if you wish to enlarge them. Children are able to write answers on paper rather than needing their exercise books.
3. We should not be allowing items to go between home and school (other than the keyworkers/vulnerable pupils in school) due to potential contamination of the virus.

Thank you for your understanding in trying to keep everyone as safe as possible.

10 positive affirmations to help create a positive start to the day



https://m.youtube.com/watch?fbclid=IwAR3DtcfE8NaiCH3czOkgy_mvuXO5odjM2qQdYoON_L7tiPKB30f4nTjNk-I&v=3c4ZDQYaUjE&feature=youtu.be



Use your mobile phone to scan work to a techier

If you have an iPhone or iPad you actually have a scanner! If you are planning to scan any work to your teachers you can use 'Notes App'. Open a new note, press the camera button, the option to scan document will pop up. Once the document is scanned you can email it easier than a photo, plus you can add notes to the scanned document.



No printer at home?

Hall & Scott Estate Agents understand that home-schooling can be difficult for parents and are keen to support you through this.

If you need school work printed but don't have access to a printer at home, please feel free to send them a message on Facebook and they will happily print the school work free of charge and organise collection - all in a COVID safe way.

Public Service Announcement

Parents: What we are being asked to do is not humanly possible. There is a reason we are either a working parent, a stay-at-home parent, or a part-time working parent.

Working, parenting, and teaching are three different jobs that cannot be done at the same time.

It's not hard because you are doing it wrong. It's hard because it's too much. Do the best you can.

When you have to pick, because at some point you will, choose connection. Pick playing a game over arguing about an academic assignment. Pick teaching your child to do laundry rather than feeling frustrated that they aren't helping. Pick laughing, and snuggling, and reminding them that they are safe.

If you are stressed, lower your expectations where you can and virtually reach out for social connection. We are in this together to stay well. That means mentally well, too.

Emily W. King, Ph.D.

Please be kind to yourselves

We recognise that homes are not schools. The skill of teaching is cultivating a relationship through the face-to-face interaction between the teacher and the pupil and we are trying as best as we can to replicate this in a remote way (having had no notice from the government!) This can only be achieved with your partnership and support.

Like you, we are all learning and adapting, particularly with new technology so please be patient.

If the remote learning becomes stressful, challenging or a battle, then re-adjust what you do to meet the needs of your child and your family. This could be when your own 'working from home' has concluded or at the weekend. We believe the approach we have taken provides the flexibility to undertake learning when it is appropriate for your family and accommodates the many different family groups we have along with the varying amounts of technology and number of children you have.

Thank you for all the lovely e-mails of support we have received over the last week and for your understanding that we truly are trying to do our very best for everyone right now (both the key workers/vulnerable pupils in school and those at home with remote learning.)

Take care and stay safe,
Mrs Boulton

Keeping active during lockdown

Please see the attached PDF of East Devon School Games PE and Physical Activity at home-KS1 &2 weekly guide to ideas for week beg. 18th January 2021.



	Monday	Tuesday	Wednesday	Thursday	Friday
Activity idea 1 (moves)	Imoves - Dice challenge	Imoves - Dice challenge	Imoves - Times table Dance	Imoves disco 2 / Imoves disco 2-14 mix	Crazy balloon racing
Activity idea(s) 2	Imoves - Daily workout - Or The Daily Mile at home	The Daily Mile at home	Imoves - Daily workout - Or The Daily Mile at home	The Daily Mile at home	Imoves - Daily workout - Or The Daily Mile at home
Activity idea 3 (Well-Being)	Imoves - Kids - The Worry Monster 7+ years	Imoves - Calming Pilates	Imoves - The Worry Monster 7+ years	Cosmic Kids Yoga	A4 a stretch
Activity idea 4 (Physical skills)	Imoves - Tennis	Imoves - Golf	Imoves - 8-10 yrs challenge	Imoves - 11-12 yrs challenge	The Think 50 yrs challenge
Activity idea 5 (Personal & Family Challenges)	Play Fitness Monopoly	Missing Letter Challenge	Reveal a secret 3 in a Row	Bowling & Skittles challenge	Continuous Battleships

Sometimes all you can do is accept there's not much you can do. And sometimes all you can control is how well you let go of control.

-Lori Deschene

Supporting home learning routines checklist

Consistent routines are important for behaviour and wellbeing in school and our routines at home have changed significantly. Routines support behaviour and you will be finding a new rhythm with your family. Please see attached the Education Endowment Foundation checklist which you can share with your child. Talk to them to help them plan their new routines.