



West Hill Primary School
(a partner in the SMILE Learning Trust)
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Headteacher: Cheryl Boulton



15th October 2018

Dear Parents/Carers,

This letter is to inform you that we have students in school with an **allergy to peanuts and sesame seeds**. These foods, even in trace amounts, may cause a severe reaction (anaphylaxis). School staff have been trained to recognize reactions and to administer Epi-pens (an injection of adrenalin) which is required immediately if this happens.

Although we will strive to be nut/sesame seed free, it is impossible to provide an absolute guarantee that no peanuts/sesame seeds will be brought on to the premises.

Please can we ask for your co-operation with this:

1. If your child has eaten peanuts/sesame seeds before coming to school, please be sure your child's hands and face have been thoroughly washed before entering the school.
2. Please do not allow your child to bring any food items containing peanuts/sesame seeds into the school.
3. When planning your child's lunch, we ask that no foods containing peanuts/sesame seeds be brought into the school under any circumstances

For example:

Peanut butter sandwiches
Chocolate spreads
Cereal bars
Some granola bars
Cakes that contain nuts
Biscuits / Cookies that contain nuts
Peanut butter cakes
Some Asian food, including satay Sauces that contain nuts
Hummus

This list is not exhaustive, so please check the packaging of products closely. We appreciate that this is an additional thing to check and we know that you recognise the importance of it. I know if this was your child you would expect that we all help, especially as it is a life-threatening condition.

If you have any questions, please do not hesitate to speak to a member of staff.

Yours sincerely,

Head Teacher
West Hill Primary School



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