



## Places to Still Available at Yoga Club!

Come and join us between 3.30 and 4.30pm in the Village Hall every Tuesday in term time for lots of stretchy, relaxing, energising and healthy yoga! The club is open to all KS2 aged children. Classes are run by qualified primary school teacher and yoga instructor, Claire Gunningham.

**“I like yoga because it helps me to unwind and relax.” Will**  
**“I like that we have different themes each week because it’s always a surprise.” Maisie**  
**“I like yoga club because it calms be down and it helps me go to sleep.” Freddie**

Please contact me at [hello@flourish-yoga.co.uk](mailto:hello@flourish-yoga.co.uk) or on 07579 041685 to book your place.  
Classes cost just £5.50 per session when paid in advance.

I look forward to hearing from you!

**Flourish Children’s Yoga**  
**07579 041685**  
**[www.flourish-yoga.co.uk](http://www.flourish-yoga.co.uk)**